



Dr. Hamed Al Sinawi

Sr. Consultant Old Age Psychiatry

D.O.B:07-08-1970

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**Resume objective:**

Dr. Hamed Al Sinawi is a senior consultant old age psychiatrist at Sultan Qaboos University hospital. He graduated from Sultan Qaboos University then pursued further training in Old Age Psychiatry in the UK and obtained the FRCpsych. He returned to Oman in 2010 to set up a memory clinic at (SQUH) which is responsible for the assessment and management of patients experiencing cognitive symptoms and training medical students and psychiatry residents and supervising research projects. Dr. Hamed has several publications in high impact journals and has authored several book chapters in different areas of psychiatry. Dr. Hamed is the rapporteur for the psychiatry program at the Arab board of health specialties and has been involved in developing training standers and polices for the program and he services and an examiner for the clinical part of the Arab board. Dr. Hamed is passionate about raising public awareness about mental health and addressing stigma and was awarded best public educator by the royal college of Psychiatrist in UK in 2014. Dr. Hamed is also the Chairman of Oman Alzheimer's Society which is anon profit organization working with people with Alzheimer's and their caregivers to raise public awareness and improve quality of services for people with cognitive impairments. He participated in international conferences and workshops related to cars of the elderly and he is very active in public education and awareness about mental health in general. He has a weekly column in two of the national newspapers and a regular podcast addressing health and wellbeing.

## **Work experience:**

A. Senior consultant old age Psychiatrist:

### **Roles and Responsibility:**

- 1- Assessment and management of older adults presenting with mental health problems.
- 2- Training junior doctors and Resident in Psychiatry in aspects of old age Psychiatry
- 3- Liaising with ministry of health to set an old age Psychiatry clinic as part of their elderly care program.
- 4- Participate in teaching medical students during their clinical clerkship attachment
- 5- Contribute to the pre-clinical curriculum at the college of medicine.
- 6- Supervising Medical students, Psychiatry residents and MSC students in research projects related to the elderly in Oman

## **B- Chairman, Oman Alzheimer's society:**

### **Roles and Responsibility:**

- 1- Develop and implement public awareness programs on Alzheimer's and other dementia.
- 2- Represent the society on ADI (Alzheimer's disease international) board meetings.
- 3- Work with the ministry of health in Oman in national developing dementia plan

## **C- Member of national bioethics Committee**

### **Roles and Responsibility:**

- 1- Participate in development of national bioethics guidelines

- 2- Conduct training workshops to healthcare members
- 3- vote in ethical issues presented at hospital ethics committee

### **D- Rapporteur, Arab board Psychiatry training program**

#### **Roles and Responsibility:**

- 1- Participate in program board meetings
- 2- Prepare meeting agenda and follow through actions plans
- 3- represent the chairman at training and examination subcommittee meetings

#### **Previous posts:**

- 1- Program Director for Psychiatry Residency Program, Oman Medical Specialty Board (20th of April 2011- May 2016)

#### **Roles and Responsibility:**

- 1- Overseeing and organizing the training program curriculum
- 2- Monitor Residents Supervision and Progress throughout their training period
- 3- Review the training program and coordinate periods of training abroad
- 4- general administration of the program and establishing a stable educational environment

#### **Publications:**

<https://scholar.google.com/citations?user=Osh3uWUAAAAJ&hl=en>