

C. V. of Dr. Hoida Sayed Abou- Seif

PERSONAL DETAILS

Surname Abou- Seif
First Name Howida
Middle Name Sayed
Title Assistant Professor of Physiology
Date of Birth July 28, 1975
Place of Birth Beni-Suef, Egypt
Gender Female
Marital Status Married + (2)
Nationality Egyptian

Present Address Beni-Suef Governorate, Egypt

Tel. Home: 002082244332
Mob.: 00201288462008

E-mail drhoidaabouseif@gmail.com
hoidaabouseif@yahoo.com

Current Positions:

- Assistant Professor, Department of Medical Physiology, Medical Research Branch, National Research Center, Cairo, Egypt.

- EX: Associate Professor, Physiology Department, College of Medicine, Hail University, Kingdom of Saudi Arabia

Teaching Experience:

Teaching Human Physiology (credit hours) in:

1. **College of Medicine**, Hail University, Kingdom of Saudi Arabia.
2. **College of Pharmacy**, Hail University, Kingdom of Saudi Arabia.
3. **College of Dentistry**, Hail University, Kingdom of Saudi Arabia.

Saudi Arabia.

4. **College of Medical Applied Science**, Hail University, Kingdom of Saudi Arabia.
5. **College of Nursing, Hail University**, Kingdom of Saudi Arabia.
6. **College of Health Informatics**, Hail University, Kingdom of Saudi Arabia.

Other work experience:

- **Problem Based Learning (PBL) Facilitator** in College of Medicine- Hail University
- **Internal auditor** in College of Medicine- Hail University
- **Internal auditor** in Hail University
- **Supervisor for Quality standard 1** in College of Medicine- Hail University
- **Exam Unit Supervisor** in College of Medicine, Hail University
- **Physiology Labs. Supervisor** in College of Medicine, Hail University
- **Academic Advisor** in College of Medicine, Hail University
- **Coordinator of Physiology** Course (credit hours) in Dentistry College, Hail University
- **Coordinator of Physiology** Course (credit hours) in Nursing College, Hail University
- Nervous system (3rd year) **Co-coordinator** in College of Medicine
- Renal System (3rd year) **Co-coordinator** in College of Medicine
- Respiratory system (2nd year) **Co-coordinator** in College of Medicine
- **Reviewer** in some journal

List of Scientific Papers (Master and PHD Papers)

1. EFFECT OF FAT QUALITY AND FRYING ON GROWTH AND SOME BIOCHEMICAL ASPECTS IN RATS. SAMAR S. TAWFIK, HANAA I. FAHIM, M.B. ASHOUR, Y.A. ELHASSANEEN AND **HOWIDA S. ABOU SEIF**. Assiut Vet. Med. J., 49(97): 113- 140, 2003.
2. EFFECTS OF *ULVA LACTUCA* AGAINST ACETAMINOPHEN- INDUCED LIVER INJURY. Hanaa E. Fahim, Osama M. Ahmed, Rasha R. Ahmed, Mona E. Khedr, Tahani, h. Mekhaeel and **Howida S. Abou Seif**. J. Egypt. Ger. Soc. Zool.Vol.(56), Comparative Physiology: 377- 415. 18th International Conference of the Egyptian German Society of Zoology, 1- 5 March 2008, Faculty of Girls, Ain Shams University.
3. PROTECTIVE EFFECTS OF *ULVA LACTUCA* AGAINST ACETAMINOPHEN- INDUCED KIDNEY INJURY. Osama M. Ahmed, Hanaa E. Fahim, Rasha R. Ahmed, Mona E. Khedr, Tahani, h. Mekhaeel and **Howida S. Abou Seif**. J. Egypt. Ger. Soc. Zool.Vol.(56), Comparative Physiology: 281- 306. 18th International Conference of the Egyptian German Society of Zoology, 1- 5 March 2008, Faculty of Girls, Ain Shams University.

List of Publications By Dr. Hoida Sayed Abou- Seif for the promotion of Assistant Professor Degree in the field of Medical Physiology.

1. Protective Effects of Rutin and Hesperidin against Doxorubicin-Induced Lipodystrophy and Cardiotoxicity in Albino Rats. Walaa G. Hozayen and **Howida S. Abou Seif**. Journal of American Science, 7(12): 765-775, 2011.

2. Protective Effects of Rutin and Hesperidin against Doxorubicin-Induced Nephrotoxicity. **Howida S. Abou Seif**. Beni-Suef University Journal of Applied Sciences, 1(2): 1- 18, 2012.
3. Protective Effects of Ruitn and / or Hesperidin Against Doxorubicin-Induced Hepatotoxicity. Walaa G. Hozayen, **Howida S. Abou Seif**, Susan Amin. International Journal of Clinical Nutrition, 2(1): 11-17, 2014.
4. Study of the Chemopreventive Effects of Zingiber Officinale Roots Against Aspartame Induced Testicular Toxicity in Rat Model. Hozayen W. G., Soliman H. A. and **Seif H. S. A.** J Phys Pharm Adv, 4(5): 360-367, 2014.
5. CHEMOPREVENTIVE EFFECTS OF ZINGIBER OFFICINALEEXTRACT AGAINST ASPARTAME INDUCED HEPATOTOXICITY AND OXIDATIVE STRESS IN RAT MODEL. WALAA GAMAL HOZAYEN **HOWIDA SAYED ABOU SEIF**. JOURNAL OF INTERNATIONAL ACADEMIC RESEARCH FOR MULTIDISCIPLINARY, 2(8): 215- 230, 2014.
6. Ameliorative effect of parsley oil (Petroselinum crispum) against alcohol-induced hepatotoxicity and oxidative stress. **Howida S. Abou Seif**. Medical Research Journal, 13:100–107, 2014.
7. Ameliorative effect of pumpkin oil (Cucurbita pepo L.) against alcohol- induced hepatotoxicity and oxidative stress in albino rats. **Howida Sayed Abou Seif**. Beni Suef University of Basic and Applied Science. 3: 178- 185, 2014.
8. CHEMOPREVENTIVE EFFECTS OF ZINGIBER OFFICINALEEXTRACT AGAINST ASPARTAME INDUCED NEPHROTOXICITY AND OXIDATIVE STRESS IN RAT MODEL. WALAA G. HOZAYEN **HOWIDA S. ABOUSEIF**. JOURNAL OF INTERNATIONAL ACADEMIC RESEARCH FOR MULTIDISCIPLINARY, 3(1): 261- 273, 2015.
9. **Review article:** Physiological Changes Due to Hepatotoxicity and The Protective Role of Some Medicinal

Plants. **HOWIDA S. ABOUSEIF.** Beni Suef University of Basic and Applied Science. 5 (2 0 1 6) 134–146.

- 10.A **Modulatory effect of *Thymus vulgaris* extract on dexamethasone induced hepatotoxicity by attenuating antioxidant defense system.** WALAA G. HOZAYEN **HOWIDA S. ABOUSEIF.** (2019) Egyptian Journal of Botany (under publication)

Training courses:

No.	Name	Year	Place
1	International Publication of Scientific Research	2014	Hail University, Kingdom of Saudi Arabia
2	Electronic questionnaire	2014	Hail University, Kingdom of Saudi Arabia
3	Managing scientific research references electronically in the End Note	2014	Hail University, Kingdom of Saudi Arabia
4	Effective scientific presentation	2015	Hail University, Kingdom of Saudi Arabia
5	Course report	2015	Hail University, Kingdom of Saudi Arabia
6	Exam paper criteria	2015	Hail University, Kingdom of Saudi Arabia
7	Formulation of targeted educational outcomes	2015	Hail University, Kingdom of Saudi Arabia
8	Internal audit	2017	Hail University, Kingdom of Saudi Arabia
9	Statistical analysis using SPSS software	2017	Hail University, Kingdom of Saudi Arabia

			Arabia
10	University Teaching Strategies	2017	Hail University, Kingdom of Saudi Arabia
11	Strategic Planning	2018	Hail University, Kingdom of Saudi Arabia
12	Use of technology in teaching	2018	Hail University, Kingdom of Saudi Arabia
13	Academic advising skills	2019	Hail University, Kingdom of Saudi Arabia

Education

School/College/University	Degree obtained	Dates
Faculty of Science, Zoology Department, Beni-Suef University.	Ph. D. in Physiology	2009
Faculty of Science, Zoology Department, Cairo University, Beni-Suef Branch.	M. Sc. in Physiology	2005
Faculty of Science, Zoology Department, Al Azhr University, Cairo, Egypt.	B. Sc. in Zoology	1997