# PERSONAL DETAILS

**NAME:**  HUSSAIN A AL-SARDAR

**DEGREES : MBCHB DM CABM MRCPI MRCP (UK) FRCPI FRCP (London) FACP FEFIM**

**DATE AND PLACE OF BIRTH** 1.7.1954 IRAQ

**NATIONALITY** IRAQI/BRITISH

**MARITAL STATUS** Married

**ADDRESS**  103 Barnstaple Road

Southend-on-Sea

Essex SS1 3PN

**CONTACT NUMBERS**

Mobile 075757663443 Email halsardar1@yahoo.com

**Professional membership**

Member of the British Heart Failure Society

Member of the British Cardiology Society

Member of the European Heart Failure Society

Member of the European Society for Cardiology

**Overseas posts:**

Consultant physician and senior lecturer Ibn Sina Teaching hospital affiliated to Mosul Medical College/University of Mosul 1988-1994

Teaching and training medical students 3,4,5, and 6th years

Teaching and training postgraduate doctors for Diplomas, Arabic Board in medicine, MRCP examinations

**UNITED KINDOM POSTS**

Current post: Locum Consultant physician.Peterborough city hospital 14/08/2017 until now

Teaching medical students from Cambridge Medical school and Leicester medical school

Consultant Physician& Honorary Senior Lecturer at Queen Mary Medical School /University of London and Southend University Hospital 2002-2017

**Teaching**

Southend Hospital is a University Teaching Hospital which an excellent reputation in the quantity and quality of teaching it provides.

I am OSCEs (final MB) examiner at the Queen Mary’s medical school/University of London

I am actively involved in teaching both parts of the MRCP and MRCP examiner

**Clinical Responsibilities**

I am in charge of an average of 15 inpatients, supervising a specialist registrar, Core medical trainees and a Foundation doctor.

PREVIOUS APPOINTMENTS

Southampton University Hospitals

Peterborough District Hospital

Cambridge University Hospitals

James Paget Hospital

Norfolk&Norwich University Hospital

**TEACHING EXPERIENCE**:

# In addition to overseas teaching experience, 1was actively involved in teaching:

**1**. Undergraduates from Southampton Medical School.

**2**. Undergraduates from Cambridge Medical School

**3.** Undergraduatesat Norfolk Norwich University Hospital

**4.** Medical Students from St George Medical School/Grenada during their attachments to the above hospitals

**5**. Organising MRCP teaching.

**POSITIONS HELD AND EXTRA ACTIVITIES:**Member of the Higher Training Committee in East Anglia Deanery since 2012

Director of the Medical Training Unit since 2007

Regional Educational Supervisor since 2009

**COURSES:**

BLS and generic mandatory skills 05/10/2019

American College of Physicians conference 28th March-1st of April 2017

San Diego/California

American College of Physicians Conference 08-10/04/2014 Orlando/ Florida

GIM study day Southend University Hospital June 2016

American College of Physicians Conference 09-13/04/2013 San Francisco/USA

Mosul Medical College 11th Medical Conference 6-7 May 2013/Iraq

Golden Anniversary of Mosul Medical College and 10th Medical Conference 2-5April 2012

Managing the Trainee in difficulty course London Deanery 2011-10-12

Assessing Educational Needs for medical students and junior doctors London Deanery 2011

Conducting an appraisal for juniors and consultants London Deanery October 2011

Careers Support course London Deanery 2011

DVLA Driving guidance September 2011

General Internal Medicine Day Southend University Hospital June 2011

Hepatitis C testing, diagnosis and management March 2011

Advances in management of atrial fibrillation, management March 2011

Introduction to Information Governance NHS online course December 2010

Internal Medicine Conference by American College of Physicians 20-25/04/2010 Toronto/Canada

Clinical and Educational supervision symposium 18/03/2010 University of Essex/Southend Campus

Educational Supervision course 19/02/2010 by Mias Southend University Hospital

Recruitment and Workplace Ethnicity and Diversity training course 22/01/2010

Southend University Hospital

Lipid Update 1X 30/11-1/12/2009 Stratford upon Avon

Child Protection Course 19/10/2009 Southend University Hospital

Equality and Diversity course Nov 2009

Echocardiography in Practice course 15-16th June 2009 Royal Society of Medicine

International Cardiology Conference 29/03-05/04/2008 by American College of Cardiologist in New Orleans USA

MRCP Examiner Training Day July 2008 Royal College of Physicians London

Career training course by Mias in Bromfield 15/05/2008

Consultant Appraisal workshop RCP London 2007

Core Medical Training Learning Portfolio training day 29/01/2007 Royal College of Physicians London

Implementation of CMT: using the new curricula and e-portfolio workshop 29/01/2007 Royal College of Physicians London

**RESEARCH, CONTRIBUTIONS AND PUBLICATIONS:**

1.Al-Sardar H.**First hospital in Baghdad**.Hektoen International Journal.Winter 2017

2.Al-Sardar H.**Medicine in ancient Nenivah**.Hektoen International Journal.Spring 2015

3. Al-Sardar H. “**A Case of Almost Painless Herpes Zoster Presenting with Symptoms of Cystitis, Penile Numbness, and Acute Vestibular Failure,”** Case Rep Dermatol Med. 2013;2013:738579. doi: 10.1155/2013/738579. Epub 2013 Oct 22.

4.Al-Sardar H.**Pulmonary Alveolar microlithiasis.Report of two brothers with the same illness and review of literature**. BMJ Case Rep. 2014 Mar 31;2014. pii: bcr2013201300. doi: 10.1136/bcr-2013-201300

5.Al-Sardar H.**Recurrent Bilateral perioprbital ecchymosis induced by vomiting.** *BMJ Case Reports 2014; doi:10.1136/bcr-2013-202495*

6.Al-Sardar Pa**ce maker insertion the risk for heart failure**. Mosul Medical College 11th Medical Conference/Iraq May 2013

7.Al-Sardar H.Poster presentation ‘**’Differences in co morbidities between systolic and diastolic heart failur**e. May 2012 Serbia

8.Al-Sardar H, D Haroon.**Purple Urinary Bag syndrome**. American Journal Internal Medicine. October 2009; volume 122:10:1-2

9.Al-Sardar H.**Ortner’s syndrome(the controversial cardiovocal syndrome)**. British Journal Cardiology 2009; 16:47

10.Al-Sardar H.**Prolongation of Q-T interval**. British Journal Hospital Medicine, April 2007; 68:221

11.Al-Sardar H. **ACE-I induced angioedema**. British Journal Cardiology 2001; 8(3): 169-71

12.Al-Sardar H. IM vs SC adrenaline in angiooedema. **British Journal Cardiology** 2001; 8(9)): 943

13.Al-Sardar H. **Locked-in-syndrome** caused by basilar artery ectasia Age and Ageing

Journal 2002; 31:481-2

14.Al-Sardar H. **Basilar artery ectasia**. Age and Ageing Journal 2003; 32:555

15.Al-Sardar H.**Depleted Uranium** and its ill-effect on Iraqi population BMJ; 322:123 2001

16.Contribution to **Davidson’s Text Book of Medicine** 17th Edition 1996

**DISTINCTIONS AND AWARDS**

**1.** Commendation letter for Excellence in Teaching and Training by the department of training and education in Southend University Hospital July 2013

**2**. I was awarded the Mosul Medical College Medal during the Golden Anniversary of the College 2-4 April 2012

**3.** Letter of thanks and appreciation from the Dean of Mosul Medical College/University of Mosul/Iraq 2011

**4.** A letter of Thanks and appreciation from the Dean of Mosul Medical College 2010

**5.** A letter of thanks and appreciation from the President of the University of Mosul 2009

**6.** Letterof thanks and appreciation from the **Clinical tutor** for running management and generic skills for SPR 2003/Southend Hospital

**7.** Letter of thanks and appreciation from the **clinical tutor** for the excellent organisation of the journal club meeting 2004

**8.** Letter of thanks from the **clinical director** of medicine for the excellent organisation of the journal club

**9.** A letter of thanks and appreciation from the **Churchill Livingston** **Publisher**1996

**10.** A letter of thanks from **University of Edinburgh** 1996

**11.** A letter of Thanks and Appreciation from the **Dean of the Mosul Medical College** for the Excellent Teaching Commitments.1994

**12**. A letter of thanks and appreciation from the **President of Iraq Office** for the excellent organisation of the First Scientific Meeting on Cancers and the role of the depleted uranium used by the Americans against our country. I was The conference was organised and Chaired by me

**13.** Letter of thanks from the **Chief Executive**/Mosul Headquarters NHS Trust 1979**14. Dean’s Prize** for the top ten medical graduates 1978**15. Vice president’s Prize** for the top A-level student in Iraq 1972

**OUTDOORS INTERESTS:**Sports especially football, swimming

Gym going 4-5 times/week

Politics

Poems