

CV

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Date of birth: 4/4/1985.

Qualifications:

1- Bachelor of Nursing from the Islamic University of Gaza in 2007, my average 86.6%.

2- Master of Community Mental Health Nursing Science from the Islamic University of Gaza in 2012, my average 87.7%.

Experiences

- I am working as head of the scientific of research department in the general administration of mental health.
- I am working as Facilitators in the Helping the helpers project by ICRC and MOH from May 2015 to this time.
- Performed a lot of psychosocial group and individual session.
- Teaching mental health Course in the center for resilience and well-being on 2018.
- Teaching mental health according to DSM-II in the mhGAP project supported by WHO on 2018.
- I work as a member of the emergency mental health committee that established by WHO, MOH 2018.
- I worked in the Al.aqsa Hospital in 2007 to 2008 as volunteer In emergency department and operation department.
- I worked in the Nasser hospital from 4-3-2008 to December 2008 in the surgical department.
- I worked in the Al.aqsa Hospital from December 2008 to November 2009.in the operation department.
- I worked as Clinical supervisor for training of nursing students since 2007 to this time. in the following departments "
- Surgical, medical, and emergency departments from 2007 to 2011.
- Primary health care clinic from 2011 to 2016
- Renal dialysis department from 2011 to 2016
- Psychiatric hospital from 2012 to 2018.

Conducting research

- The relationship between Stigma and recovery among depressed patients in Gaza strip.
- Evaluation the healing the wound program
- Evaluation the helping the helpers program.
- Evaluation mhGAP project.
- Effectiveness of psychosocial program to reduce anxiety and depression among amputees persons in Gaza strip.
- Effectiveness of therapeutic protocol to reduce anxiety and depression among addicts in hope center in Gaza strip.
- Attitude of general directors in Ministry of Health toward mental illness in Gaza Strip Prepare therapeutic protocol of addiction.

Training courses:

I got Certificate "introduction to palliative care" from 24 to 27 of September 2007.

I got certificate "first aids and emergency" 60 hours" 2007.

I Completed a 36 –hour training course in the preparing trainers in the sensitization from drugs harms and addiction. In 2007. IUG.

I Completed a 18- hour training course in computer skills in 2010 from Islamic university of Gaza.

I Completed course in the psychological and social rehabilitation of addiction and psychiatric patients.20h, 2011, by Mental Health General Administration.

I Completed four days workshop in whole life –whole system recovery in practice in 2014 by world health organization.

I Completed course of introduction to dialectical behavioral therapy from June to October 2013.

I Completed course of emotion regulation from 10/7/2010 to 12/7/2010 by medicos Del mundo- Spain.

Completed course of care of psychotic patients and family work, 20 hours, 2011, organized by MOH and WHO.

Attended training course in "Basic principles in patients safety" was held in the faculty of medicine-IUG.

Attended a training course in pediatric psychiatric-22 hour, by Arab Medical Union/Egypt and MOH. 3 April-26 June 2014.

Attended a 20-hour training conducted by the ICRC titled: Helping The Helpers. (Stress, Coping, problem solving, communication skills, Group Dynamic and intervention). 2015.

Participate in the health forum "life pulse" 2016 by Forsa center for development and training.

Complete advanced course in body mind medicine, UNDB , 2016.

holds a training course "Training of Trainers "prepared by MOH, ICRC. Participate in giving a course in Cognitive Behavioral Therapy by IUG and MOH 2017

Participate in giving the course of mental illness a diagnosis and treatment in the west Gaza community mental health 2018.

Conferences and workshops:

- Chairperson of the Preparatory Committee for the First Scientific Conference on Mental Health, established by the Ministry of Health on 10 October 2017.
- Participation in the presentation of a scientific study in the activities of the International Scientific Forum - Malaysia 2017.
- Presentation of a scientific study in the activities of the seventh conference of the Faculty of Medicine at the Islamic University 2017.
- Presentation of a scientific study at the conference of the first applied medical sciences at Al-Azhar University 2017.