

Mohamed Gamal Mostafa Mohamed



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October 6, Giza, Egypt

Other: Amman, Jordan



Date of Birth: 7/10/1986

❖ EDUCATION

- Bachelor of Agricultural Sciences , Al-Azhar University | 2008
- Diploma in Therapeutic Nutrition, National Institute of Nutrition | 2016
- Master's degree in Nutrition and Food Sciences, Fayoum University | 2022

❖ EXPERIENCES

- Lecturer at Golden Center Academy of Health Care
In the following specialties:
 - Nutrition for athletes, meal preparation and planning, nutrition for obesity and thinness
 - Nutritional care for patients with diabetes, pressure and heart
- Lecturer of nutritional education seminars
In private schools, sports clubs and homes for the elderly
- Lecturer at Be Active Academy
In the following specialties:
 - nutritional status assessment
 - Marketing Department for Nutrition Centers
- Class of trainees:
 - Physiotherapist, Nursing
 - Pharmacy, agriculture, physical education.

❖ RESEARCHES & ACHIVEMENTS

- The effect of nutritional intervention by dry pomegranate powder on some biochemical parameters in mild cardiovascular patients, Journal of the General Authority for Teaching Hospitals and the National Institute of Nutrition
- Member of the Egyptian Arab Health Association for Therapeutic Nutrition EASHTN
- Member of the Egyptian Association for Nutrition and Health Guidance ENHCA

❖ CONFERENCES

- Conference of the Egyptian Society of Chest Diseases and Pediatric Nutrition April, 2016
- Conference of the Egyptian Association for Nutrition and Health Guidance April, 2018
- The Fifth Annual Middle East Clinical Nutrition Conference, 2016
- A 13-hour workshop on diabetic nutrition, The American Academy of Diabetic Nutrition, Eat Right, March 2016
- The First International Conference on Obesity and Clinical Nutrition (National Research Center), 2015

PROFILE

Very organized and hardworking, more than 10 years of experience in lectures and academic training and looking for a responsible position to develop and search for a job in a high-level professional environment to add to it from my previous experiences

PERSONAL SKILLS

- Leadership and teamwork
- communication
- work under pressure
- Training and presentation
- Computer Skills
- Problem Solving

LANGUAGES

- Arabic : Mother Tongue
- English : Very Good