Name & Surname:Wassef Youssef EL ABEDNationality:TunisianDate of Birth : Feruary,11st 1973 - TunisiaPassport Number: X 258589ID Number: 27378800423Current Employment: MOI since Oct.2017Mobile: 33459268

### Aspects of competences :

- Nutritionist and Dietician
- Master Registration in Nutritional and Health Sciences since 2011.
- Master graduation in Nutritional and health Sciences 2011- September 2014.
- Doctor of Philosophy graduation since December 2016- 2017
- Sport advanced in nutrition Barcelona Innovation University
- Nutrition for football sport Barcelona Innovation University
- Chinese medicine patrician
- Quality consultant and Systems certifier of HACCP (Hazard Analysis Critical Control Point)
- Head coach and trainer of trainees in civil society
- Behavioral nutrition coach
- Campus Arabs Science Researcher 2016
- Campus Arabs Health and medical Researcher 2017
- Trainer of trainees in the Union of Arab Trainees 30.07.2016
- Training In PNL- 1st Level certify from LNP American Society 12.12.2016

## **Education and additional training**

Nature of education and additional training	Institutions	Period fromto	Certificate
Primary education	Primary School 20 Mars 1934 Msaken	From 1979 to 1985	Certificate of return to high school
Secondary education	Secondary school 20 Mars 1934 à Msaken	From 1985 to 1993	Certificate of Bachelor section experimental sciences (June 1993)
University education	High Institute of Sciences and Techniques of Health Tunis	From 1993 to 1997	Diploma in High-level Technician in Nutrition session June 1997
Master degree	University Of Mayford	2011 – Sep. 2014	Master Degree of Arts Nutritional and Health Sciences
Doctor of Philosophy	University Of Mayford	2016 – Dec. 2017	Doctor of Philosophy in Nutritional and Health Sciences
Certificate of training communication level 1	Avenir Training	27- 29 April 1998	Certificate of training

Date 11.03.2020

#### Doctor of Philosophy Nutritional & Health Sciences December 2017

BTS In Human nutrition	ESSTST Tunis International Academy of Training	Sep 1994 To June 1997	High level technician in Human Nutrition Head trainer Coach Trainer
Training CEFE « Enterprise creation and entreprenor training»	Employment office Sousse Space initiative	From 23 Nov. to 18 Dec. 1998	Certificate of training
Stress Management training	Cabinet of Training	February 1998	Certificate of training
Group communication training	Cabinet of Training	June 1998	Certificate of training
Training « initiation of HACCP »	Avenir Training	From 14. 16 May 2002	Certificate of training
Individual training of androgogy	Cabinet of Training	February 2003	Certificate of training
Group training of androgogy	Cabinet of Training Avenir Training	June 2003	Certificate of training
Hospital hygiene training	Cabinet of Training	Sep. 2003	Certificate of training
Training in « Neurolinguistic programming NLP »	Cabinet of Training	April 2004	Certificate of training
Training in « Neurolinguistic programming and pedagogy	Cabinet of Training	June 2004	Certificate of training
Food quality consultant	Cabinet NTC Training	March 2000 To February 2002	Consultant of HACCP
Degree of consultant for trainers of food companies	Cabinet of Training	March 2003	Consultant for trainers in Agri-type companies
Training of trainers	Cabinet de Training	June 2004	TOT - Training of trainer
Training of Hospital hygiene consultant	Cabinet of Training	May 2005	Degree in Hospital Hygiene consultant
International trainer of coaching	JCI	June 2006	Degree of International trainer of Coaching JCI

#### Doctor of Philosophy Nutritional & Health Sciences December 2017

Coach of trainers	International Academy of Training	Nov. 2009	Trainer
Trainer of trainees international JCI Head Trainer	JCI	21 Nov. 2009	Degree in international trainer JCI Head Trainer
Training of trainers international JCI CNT	JCI	14 and 16 Nov. 2009	Diplôma in International JCI trainer CNT
Training of trainers international JCI Presenter	JCI	18 April 2010	Diplôma in International JCI trainer Presenter
Training of trainers international JCI Trainer	JCI	24 and 25 April 2010	Diplôma in International JCI trainer JCI Trainer –
Training of trainers international JCI Networking	JCI	02 July 2010	Diploma in International trainer JCI Networking
Training of trainers international JCI Achieve	JCI	03 July 2010	Diplôma in International trainer JCI Achieve
Training certificate International trainer JCI Admin –	JCI	16 July 2010	Diplôma in International trainer JCI Admin –

## **Professional experiences**

Institution	Positions	Period fromto
Food & Beverage Institution	Quality Manager	From March 1999 to June 2002
Hospital F. H SOUSSE	NUTRITIONIST	From July 2002 to March 2007
Hospital F. H SOUSSE	Food Sector Responsable	From April 2007 to April.2008
Hospital F. H SOUSSE	Nutritionist Coordinator	From May 2008 to Sep. 2010
Hospital F. H SOUSSE	Nutritionist Major	From October 2010 Until 2014

## **Personal Development Training**

Nature of studies and additional training	Institution	Period fromto	Diploma
Training of Trainer	Union des formateurs Arabes	07 to 09/09/2015	Certificate de Formateur Arabe en Formateur
Leadership	Canadian Training Center Of Human	08- 09/11/2014	Certificate de leadership

	Developpement		
Skills Developpement	Canadian Training Center Of Human Developpement	06- 07/12/2014	Certificate de Skills development
Carrer Development	Canadian Training Center Of Human Development	15-16- 30/11/2014	Certificat De Carrer Development
Leadership	Edu master Training and development	09/11/2014	Certificate de leadership
Skills Development	Edu master Training and development	07/12/2015	Certificate de Skills development
Career Development	Edu master Training and development	30/11/2014	Certificate De Career Development

# Training in Medical skills

Nature of studies and additional training	Institution	Period fromto	Diploma
MEDICAL ACUPUNCTURE L1	OPEN ACADEMY OF COMPLEMENTARY MEDECINE	24-29 June 2015	Certificate of Medical acupuncture
CUPPING THERAPY IN CHINESE MEDECINE	OPEN ACADEMY OF COMPLEMENTARY MEDECINE	14-22 June 2014	Certificate of Cupping therapy
REFLEXOLOGY	OPEN ACADEMY OF COMPLEMENTARY MEDECINE	11-13 July 2014	Certificate of Reflexology
PHYTOTHERAPIE	OPEN ACADEMY OF COMPLEMENTARY MEDECINE	24-27 May 2014	Certificate of Phototherapy
MEDICAL ACUPUNCTURE L2	OPEN ACADEMY OF COMPLEMENTARY MEDECINE	15-18 October 2014	Certificate of Medical acupuncture
Complemetary and alternative medicine diploma	University of Cairo	300 hours 2013/2014	Diploma MINI MASTER
Certificate of Proficiency in Chinese skills & nutritionist	Americain institute of Health car and Hospital Management	October 2015	Certificate of proficency
Certificate of 3rd Research of Magrebin Campus	Campus Maghribin	March 2016	Certificate of Arab Researcher

# Experience in adults training

Domain of training	Institution	Target population	Period fromto
FOOD HYGIENE	HOTEL MAGIC LIFE MANAR	HOTELIER STAFF	Jan. 2000 to Feb. 2000
FOOD HYGIENE	HOTEL MAGIC LIFE AFRICANA	HOTELIER STAFF	March 2000 to April 2000
FOOD HYGIENE	HOTEL MAGIC LIFE TUNISIA LODGE	HOTELIER STAFF	May 2000 to June 2000
FOOD HYGIENE	HOTEL MAGIC LIFE MARILIA YASMINE	HOTELIER STAFF	July 2000 to August 2000
POSITIONING SYSTEM HACCP	HOTEL EL HOUDA	COMMITTEE DIRECTOR of PERSONNEL	February 2001 to August 2001
POSITIONING SYSTEM HACCP	HOTEL MAGIC LIFE AFRICANA	POSITIONING SYSTEM HACCP	April 2001 to October 2001
POSITIONING SYSTEM HACCP	HOTEL MAGIC LIFE TUNISIA LODGE	POSITIONING SYSTEM HACCP	May 2001 to Nov. 2001
POSITIONING SYSTEM HACCP	HOTEL MAGIC LIFE MARILIA YASMINE	POSITIONING SYSTEM HACCP	May 2001 to Dec. 2001
Participation in university teaching in nutrition 'Milk & derivatives: composition and industrialization	Health care Institutions	Nutritionists, doctors endocrinologists paramedics	February, 1st 2003
Participation in university education in nutrition "development of allergy in children »	Health Care Institutions	Nutritionists, doctors endocrinologists paramedics	March, 1st 2003
Participation in the National Forum for feeding on "the role of nutrition specialist in the development of food service establishments hospital	Health Care Institutions	Nutritionists, doctors endocrinologists paramedics	June 2003
Animation at the training day of school medicine "balanced nutrition of the child"	Health Care Institutions	Nutritionists, doctors endocrinologists paramedics	11 May 2004

A training session on the subject of anemia in children in rural school day	Educational Institutions : Schools	Actors in education	12 May 2004
Personalized education of diabetic	Health Care Institutions	Nutritionists, doctors endocrinologists paramedics	16 June 2004.
Dietary requirements: supply of hospital patients"	Health Care Institutions	Nutritionists, doctors endocrinologists paramedics	02 July 2004
Participation in the animation on the theme of : child nutrition : a strategic challenge	18th National Nutrition Day	Nutritionists, doctors endocrinologists paramedics	15/16 January 2005
« The role of packaging in food preservation »	Post graduate nutrition education	Nutritionists, doctors endocrinologists paramedics	23 April 2005
Training of directors for kindergarten	Regional Management of youth	Directors of kindergarten	2005
Training of directors for kindergarten	Regional Management of youth	Directors of kindergarten	2006
Training of personal development	JCET of Tunisia	Member in the JCET	2006
Attendance at postgraduate teaching hygiene "Hand Hygiene"	Health Care Institutions	Nutritionists, doctors endocrinologists paramedics	04 Nov. 2006
Training of directors for kindergarten	Regional Management of youth	Directors of kindergarten	2007
Training of personal development	JCET of Tunisia	Member in the JCET	2007
Training of personal development	JCET of Tunisia	Member in the JCET	2008
Training of directors for kindergarten	Regional Direction of Childhood	Member in the JCET	2008
Training of directors for kindergarten	Regional Direction of Childhood	Member in the JCET	2009
Training of personal	JCET of Tunisia	Member in the JCET	2009

development			
Training of trainees	JCET of Tunisia	Member in the JCET	2009
Training of personal development	JCET of Tunisia	Member in the JCET	2010
Training of trainees	JCET of Tunisia	Member in the JCET	2010
Training of personal development	JCET of Tunisia	Member in the JCET	2011
Training of directors for kindergarten	UTICA	Directors of kindergarten	18 Dec. 2011
Training of directors for kindergarten	Regional Direction of Childhood	Directors of kindergarten	19 Dec.2011
Training of directors for kindergarten	Regional Direction of Childhood	Directors of kindergarten	March 2012
Training of directors for kindergarten	Regional Direction of Childhood	NEW PROMOTERS OF Kindergarten	June 2012

## Education and training consultations :

Nature of intervention	Period fromto	Institution
Thesis: "Consumer protection in the field of nutrition" Collaboration with l'I.N.N.T.A (National Institute of Nutrition and Technology) and Food Agriculture Organization (FAO) Tunisia	1997	l'I.N.N.T.A (National Institute of Nutrition , Technology and FAO Tunisia.

Commitment: I hereby certify that the information provided above is accurate

Done in : 11.03.2020

<u>Signature</u>

Wassef Youssef EL ABED