



السيرة الذاتية

المعلومات الشخصية

الاسم: طيبة نزار حسن

الجنسية: عراقية

التخصص العام: طب المجتمع

التخصص الدقيق: التغذية

dr.tibahasan@gmail.com

البريد الالكتروني:

التحصيل العلمي:

تاريخ الحصول عليها	اسم الشهادة	مدة الدراسة	الجامعة
تموز ٢٠١١	بكالوريوس طب وجراحة	٦ سنوات	كلية الطب/جامعة بغداد
كانون الثاني ٢٠١٦	ماجستير علوم طبية (صحة المجتمع)	سنتان	الجامعة الوطنية الماليزية (UKM)

School/College/University	Period		Type of Certificate	Date of certification
	From	Until		
1. College of Medicine/ University of Baghdad	2005	2011	Bachelors of Medicine and Surgery	July 2011
2. National University of Malaysia (UKM)	2014	2016	Master of Medical Sciences (Community Health)	January 2016
3. Shaw Academy, United Kingdom	2015	2015	Diploma in Personal Nutrition	May 2015
4. Alison Institute, Ireland	2016	2016	Diploma in Statistics	August 2016

خبرة العمل

Name of Place	Period		Position	Job Description
	From	Till		
Al- Rasafah Health District/ Baghdad	Feb 2012	Feb 2013	مقيم دوري Houseman	Clinical
Management and science University	March 2018	Current	Senior Lecturer محاضر	Teaching

Houseman (1st February 2012- 1st February 2013) at Al- Rasafah Health District/ Baghdad

- Provide medical care to patients and developing the appropriate medical plan.
- Administrative duties such as medical record keeping, results collection and clinical summaries.
- Covering medical ward cases as well as new admission & referral cases.
- Participating in medical rounds and clinical case presentations.
- Demonstrating high level of communication skill and integration as working in multidisciplinary hospital.

Senior Lecturer, International Medical School/ Management and Science University, Malaysia (1st March 2018- Current)

- Teaching undergraduate students
- Supervising final year student research projects
- Developing and marking exam questions
- Invigilating exams

الدورات والتدريب العلمي

1. PUBLONS: Incentivizing Peer Review, Library and Resource Centre (LRC) MSU, 22nd April 2019.
2. Manuscript Writing Workshop, International Medical School, MSU, 19th April 2019.
3. How to choose publishable research topic, International Medical School, MSU, 22nd March 2019.
4. BreatheLife/Urban Health Training: Building capacity to reduce air pollution through communications and technical tools, World Health Organization (WHO), 9th February 2018. Kuala Lumpur, Malaysia.
5. Statistical Analysis Using SPSS, 11-12 February 2014, Julius Centre University of Malaya.
6. Multivariable Data Analysis, 28-29 April 2014, Julius Centre University of Malaya.

الجمعيات العلمية المنتمية اليها

- i. Member of the Iraqi Medical Association (IMA) (**Life Member**)
- ii. Member of the Association for the Study of Obesity (MASO) (**2014-2016**)
- iii. Member of the World public health nutrition association (WPHNA) (**2018**)
- iv. Member of the American Society of Nutrition (**2018**)

المواد التي أقوم بتدريسها

- Community Medicine for Medical Students
- Basic Medical Statistics
- Non-Communicable diseases
- Phlebotomy

اللغات الأجنبية

- IELTS Examination Band 6.0

النشر العلمي

Research gate Profile

https://www.researchgate.net/profile/Dr_Tiba_Hasan?_sg=TJujol3fOWN1pbMf5k1WuKjmFIOs8smyPbpbanOD_tMW3UBGYGXxx_cnUgwceC8v7X7W0g5N0UyIJ3mwGI5urQ

A. Full Papers

1. Usage of Food Label Information Among Supermarket Shoppers in Shah Alam, Malaysia
Nantini A/P Ponnudurai, Hasanain Faisal Ghazi, *Tiba Nezar Hasan*, Mohammed A. Abdal Qader, Mohammed Faez Baobaid
2. Social Phobia and its Association with Body Shape and Internet Addiction Among Private University Students in Selangor, Malaysia
Nurul Fateha Ashikin Norhizan, Hasanain Faisal Ghazi, Haitham Assem Abdalrazak, Mohammed A. Abdalqader, Mohammed Faez Baobaid, *Tiba Nezar Hasan*, Mohd Rohaizat Hassan
3. The relationship between obesity and overweight with the intake of vitamin d and calcium rich foods among private university students in Shah Alam, Malaysia
4. The prevalence of obesity stigmatization among private university students in shah Slam, Malaysia
Afiqah Rajib, Khin Hla Hla Thein, Hasanain Faisal Ghazi & *Tiba Nezar Hasan*
5. The Association between Exposure to Media and Body Weight Concern among Female Students at Private University in Selangor, Malaysia.
Tiba Nezar Hasan, Lubna Haida binti Mohd Faisal, Hasanain Faisal Ghazi
6. Mothers' attitude towards vitamin d supplement among infants in Baghdad city, Iraq
Hasanain Faisal Ghazi & *Tiba Nezar Hasan*
7. Obesity knowledge and its associated factors among medical students in a private university in shah alam, Selangor. Malaysian Journal of Public Health Medicine (MJPHM)
Hasanain Faisal Ghazi, Mohammed A. Abdalqader , Mohammed Faez Baobaid , *Tiba Nezar Hasan*, Al-abad Ali Ahmed Al-abad , Vijay Veerabadran , Haitham Assem Abdalrazak , Thair Mousa Gazi & Mohd Rohaizat Hassan
8. Level of vitamin D and its associated factors among private university students in shah alam, Selangor. International Journal of Advanced Community Medicine.
Azureen Shahiza binti Isa, *Tiba Nezar Hasan* and Hasanain Faisal Ghazi
9. Women's attitude towards breast cancer in Baghdad city, Iraq
International Journal of Community Medicine and Public Health 2017, 4(6):1800-1804.
Tiba Nezar Hasan, Shamsul Azhar Shah & Hasanain Faisal Ghazi, Mohd Rohaizat Hassan.
10. Poor Knowledge and Practice Towards Breast Cancer among Women in Baghdad City, Iraq
Tiba Nezar Hasan, Shamsul Azhar Shah, Mohd Rohaizat Hassan, Nazarudin Safian, Zahir Izuan Azhar, Syed Sharizman Syed Abdul Rahim, Hasanain Faisal Ghazi
Asian Pacific Journal of cancer prevention (APJCP) 16 (15):6669-6672
11. Nutrition and breast cancer risk: review of recent studies
Hasanain Faisal Ghazi, Al-abad Ali Ahmed Al-abad, *Tiba Nezar Hasan*, Zaleha Md. Isa, Mohammed A. AbdalQader & Saif Abdul-Majeed.
Malaysian Journal of Public Health Medicine (MJPHM) 2016 (1): 75-80.

12. Nutritional Habits among Internet Users in a Private Malaysian Medical School
Mohammed A. Abdal Qader, Hasanain Faisal Ghazi, Zaleha Md. Isa, *Tiba Nezar Hasan* and Mustafa Fahil Mohammed.
Pakistan Journal of Nutrition (PJN) 2015, 14 (7):409-411.
13. The Relationship between the Neighborhood Safety and Nutritional Status of Children in Baghdad City, Iraq.
Hasanain Faisal Ghazi, Zaleha Md. Isa, Shamsul Azhar Shah, Mohammed A. Abdal Qader, *Tiba Nezar Hasan*, AL-abad Ali AL-abad.
Journal of Nutrition and Metabolism 2014:5.
14. History of Birth Complications, Having Chronic Diseases and Children's Intelligence Quotient (IQ) at Age 7-8 Years Old in Baghdad City, Iraq.
Hasanain Faisal Ghazi, Zaleha Md. Isa, Mohammed A. AbdalQader, *Tiba Nezar Hasan*, Namaitijiang Maimaiti.
International Journal of Maternal and Child Health 2014, 2(3):106-109.
15. Effects of Unstable Daily Life on Children's Health in Baghdad City, Iraq: Qualitative Study.
Hasanain Faisal Ghazi, Zaleha Md. Isa, Mohammed A. Abdal Qader, *Tiba Nezar Hasan*.
Malaysian Journal of Public Health Medicine (MJPHEM) 2014, 14(1):82-89.
16. Knowledge Regarding Vitamin D among Private University Students in Malaysia.
Audrey Sharmaine A/P Rajaretnam, Mohammed A Abdalqader, Hasanain Faisal Ghazi, *Tiba Nezar Hasan* and Maher D Fuad Fuad.
Annals of Nutritional Disorders & Therapy 2014, 1(2).
17. Factors Related to Low Birth Weight Babies in Baghdad City, Iraq.
Mohammed A. AbdalQader, Shamsul Azhar Shah, Zaleha Md Isa, Hasanain Faisal Ghazi, Idayu Badilla & *Tiba Nezar Hasan*.
Malaysian Journal of Public Health medicine (MJPHEM) 2014, 14(8):45-49.

(i) Abstract / Conference Papers

1. Breast cancer knowledge and breast self-examination (BSE) among women in Baghdad city, Iraq.
5th International Public Health Conference 2015, Kuala Lumpur, Malaysia.
Tiba Nezar Hasan, Shamsul Azhar Shah, Hasanain Faisal Ghazi
2. The association between body mass index (BMI) and diet plan among women in Baghdad city, Iraq.
30th Annual Scientific Conference of Nutrition Society of Malaysia 2015
Tiba Nezar Hasan, Shamsul Azhar Shah & Hasanain Faisal Ghazi.
3. The relationship between nutritional habits and internet addiction among university students in Kuala Lumpur, Malaysia
29th Annual Scientific Conference of Nutrition Society of Malaysia 2014
Hasanain Faisal Ghazi, Zaleha MI, Rosnah S, Mohammad AAQ and *Tiba Nezar Hasan*
4. Neighborhood safety and childhood obesity among primary school children in Baghdad City Iraq.
Hasanain Faisal ghazi, Zaleha md. Isa, Shamsul Azhar Shah, Mohammed A. Abdalqader, *Tiba nezar Hasan*
Obesity Reviews 15: S2. 206-248. International congress of obesity 2014

(iii) Summary of Best Publications

Poor Knowledge and Practice Towards Breast Cancer among Women in Baghdad City, Iraq

Tiba Nezar Hasan, Shamsul Azhar Shah, Mohd Rohaizat Hassan, Nazarudin Safian, Zahir Izuan Azhar, Syed Sharizman Syed Abdul Rahim, Hasanain Faisal Ghazi
Asian Pacific Journal of cancer prevention (APJCP) 16 (15):6669-6672
(international publication, ISI WoS, Scopus, impact factor 2.5).

Abstract:

Background: Breast cancer is one of the most common cancers among females worldwide. The aim of this study was to assess the knowledge and practice about breast cancer and its related factors among women in Baghdad city, Iraq. **Materials and Methods:** A cross-sectional study was conducted among 508 women aged 18 to 55 years from four non-governmental organizations (NGO) in Baghdad city, Iraq. A self-administered questionnaire on breast cancer knowledge and practice was distributed to participants during weekly activity of the NGO. **Results:** A total of 61.2% of the respondents had poor knowledge, only 30.3% performed breast self-examination (BSE) and 41.8% said that they did not know the technique to perform BSE. Associations between knowledge and marital status and age were significant. For practice, working status, education, age and family income were significant. After controlling for cofounders, the most important contributing factors for poor knowledge among respondents were marital status and not performing BSE, with adjusted odds ratio of 1.6 and 1.8 respectively. **Conclusions:** Breast cancer knowledge and practice of BSE are poor among women in Baghdad city, Iraq. More promotion regarding breast cancer signs and symptoms and also how to perform BSE should be conducted using media such as television and internet as these constituted the main sources of information for most women in our study.

البحوث العلمية

- i. Knowledge, attitude and practice regarding Breast cancer among women in Baghdad City, Iraq
(Principal Investigator)
- ii. The association between exposure to media and body weight concern among female students at private university in Selangor, Malaysia.
(Principal Investigator)
- iii. The relationship between obesity, overweight and vitamin D intake and calcium rich food among university students
(Principal Investigator)
- iv. "Hepatitis B Vaccination among Medical Students at College of Medicine/ Baghdad University in 4thGrade of College" For the Community Medicine Department (March 2009).

المؤتمرات والندوات العلمية التي حضرتها

1. MASO annual scientific conference 15-16th October 2019 as Presenter
2. 1st MSU reproductive health and infectious diseases 18-20th September 2019 as Presenter
3. MigWhealth Migrant workers health congress 2018. 4th-5th December 2018
4. Inter Professional Education Symposium, 7th December 2018. Shah Alam, Malaysia
5. 9th World Urban Forum by United Nations, 7th – 13th February 2018, Kuala Lumpur, Malaysia.
6. 21st National Public Health Colloquium (23rd – 24th August 2017), Kuala Lumpur, Malaysia as Participant
7. 8th National public health conference, 2-4th August 2016, Melaka, Malaysia as Participant
8. 5th International Public Health Conference, 26-27th August 2015, Kuala Lumpur, Malaysia as presenter.
9. 30th Scientific conference of the Nutrition Society of Malaysia, 2-3rd June 2015, Kuala Lumpur, Malaysia as Presenter