










## Associate Professor. Aamer Aldbyani (阿曼)

PERSONAL INFORMATION	<p>  No. 6277, Jiqing Road, Licheng District, Jinan City, Shandong Province, China   0086-18560035772   WeChat: aameraldbyani2   <a href="mailto:aameraldbyani@gmail.com">aameraldbyani@gmail.com</a>  <a href="mailto:aamer.aldbyani@tu.edu.ye">aamer.aldbyani@tu.edu.ye</a>  <a href="mailto:aameraldbyani@sdxiehe.edu.cn">aameraldbyani@sdxiehe.edu.cn</a>            Date of birth: 01/01/1985            Place of birth: Dhamar City, Yemen.         </p>	
	<p>  <a href="https://orcid.org/0000-0002-8803-1754">https://orcid.org/0000-0002-8803-1754</a>   57327282600   <a href="https://www.researchgate.net/profile/Aamer-Aldbyani">https://www.researchgate.net/profile/Aamer-Aldbyani</a>   Aamer Aldbvani         </p>	
<b>EDUCATION</b>		
2006 – 2010	<i>Bachelor's degree, majoring in The Language of English, Thamar University, Yemen.</i>	
2015 – 2017	<i>Master's degree, majoring in Administration and Educational Planning, Faculty of Education, Thamar University, Dhamar, Yemen.</i>	
2019 – 2023	<i>PhD degree, majoring in Developmental &amp; Educational Psychology, Faculty of Psychology, Shandong Normal University, Jinan, China.</i>	
<b>WORK EXPERIENCES</b>		
2016 – 2019	<i>Lecturer at the Faculty of Education, Thamar University, Yemen.</i>	
2024 – Now	<i>Associate Professor at the Faculty of Education, Shandong Xiehe University, China.</i>	
<b>SCIENTIFIC PUBLICATIONS</b>		
Articles		
Published articles	<b>RESEARCH</b>	<b>JOURNAL</b>
	<i>Exploring Islamic Mindfulness: Cultural Practices and Their Impact on Public Health Outcomes</i>	<i>Mindfulness (SSCI)</i>
	<i>The Effect of Mindfulness Training on Alleviating COVID-19 Fear among International Students in China: A quasi-experimental approach</i>	<i>Heliyon (SSCI)</i>
	<i>The Relationship between Ego Identity Status and Acculturation Strategies (Comparative Study)</i>	<i>Heliyon (SSCI)</i>
	<i>Academic Competency and Academic Self-efficacy: A Cross-sectional Study</i>	<i>Psychological Science and Education (ESCI)</i>
	<i>Dispositional mindfulness associated with less academic burnout among Muslim students during the COVID-19 pandemic</i>	<i>South African Journal of Education (SSCI)</i>
	<i>Emotional Intelligence and Organizational Citizenship Behavior of Civil Servants in Ethiopia: Psychological</i>	<i>Studia Psychologica (SSCI)</i>

	<i>Contract as a Mediator and Organizational Cynicism as a Moderator</i>	
	<i>Chaos May Prevail Without Filial Piety: A Cross-Cultural Study on Filial Piety, the Dark Triad, and Moral Disengagement</i>	<i>Frontiers in Psychology (SSCI)</i>
	<i>The effect of Mindfulness meditation on academic burnout among Muslim students in China: A quasi-experimental study</i>	<i>Islamic Guidance and Counseling Journal (SCOPUS)</i>
	<i>The relationship between Dark Triad, mental health, and subjective well-being: Mindfulness as a moderator</i>	<i>Islamic Guidance and Counseling Journal (SCOPUS)</i>
	<i>A meta-analysis on the effectiveness of strategies and programs used to address the mathematics learning difficulties</i>	<i>Eurasia Journal of Mathematics, Science and Technology Education (SCOPUS)</i>
Accepted articles	<i>Dispositional Mindfulness and Psychological Well-Being: Investigating the Mediating Role of Meaning in Life</i>	<i>Frontiers in Psychology (SSCI)</i>
	<i>The effect of Mindfulness meditation on psychological well-being and mental health: quasi-experimental study</i>	<i>Current Psychology (SSCI)</i>
Submitted articles	<i>Mindfulness predicts Parent-Child Relationship Quality via Emotional Regulation</i>	<i>Social Psychology and Society (ESCI)</i>
	<i>The effectiveness of Mindfulness interventions on reducing Fear of Missing Out: Porotocal of meta-analysis review</i>	<i>Heliyon (SSCI)</i>
	<i>Mindfulness associated with less Fear of Missing Out via Social Media Addiction</i>	<i>The Open Psychology Journal (SCOPUS)</i>
<b>BOOKS</b>		
Published books	<b>TITLE</b>	<b>PUBLISHER</b>
	<i>Mindfulness among Muslims. Ten studies on the benefits of meditation in decreasing academic problems and increasing well-being</i>	<i>Dar Amjd for Publishing (Jordan)</i>
	<i>The academic/well-being benefits of mindfulness among Muslims: A study of Yemen and Egypt collage students.</i>	<i>Generis Publishing (Moldova)</i>
<b>CONFORENCES</b>		
Conferences Participation	<b>TOPIC</b>	<b>PLACE</b>
	<i>Attitudes of Chinese students studying the Arabic language: A descriptive survey study</i>	<i>Dubai</i>
	<i>The relationship between Fear of COVID-19 and Loneliness among Yemeni students in China</i>	<i>Malaysia</i>
	<i>A suggested Proposal for developing Thamar University's role in community service</i>	<i>Yemen</i>
<b>REWARDS</b>		
2023	I got the shield of Shandong Normal University for my excellent publications and the 1st score among all my classmates.	
2011-2023	I received many appreciation letters and thank certificates from several universities, centers and institutions for my efforts in different scientific activities.	

PERSONAL SKILLS		
Language	<i>Arabic</i>	<i>100%</i>
	<i>English</i>	<i>93%</i>
	<i>Chinese</i>	<i>HSK3</i>
OTHER SKILLS		
	<i>I have worked with various teams, such as a Teacher, lecturer, Leader, Trainer, Volunteer, ..etc.</i>	