



Curriculum Vitae (C.V)

Full Name: Ammar Hamza Hadi

Scientific Title: Professor

Place of working: Iraq- Babylon University-Faculty of Physical Education & Sport Sciences.

Education: Doctorate of Physical Education Philosophy.

Specialist: Chronic Diseases Rehabilitation/ Physiologist.

Date and Place of Birth: 13 / Dec / 1976 – Iraq\ Babylon – Hillah\ Esqan.

Marital Status: Married.

Mobil: +9647805669263 or +9647601015733

E.mail: ammarhadi_1976@yahoo.com

Resume of Experiences

- 1- PhD of Chronic Diseases Rehabilitation from Faculty of Physical Education & Sport Sciences ... Research Topic: ((Effect of Two Rehabilitation Programs by using Moderate Intensity Interval Training Method and Aero Threshold Loading Device during Unsupported Arm Elevation on Some of Breathing Variables in Chronic Obstructive Pulmonary Disease Patients))
- 2- MSC of sport physiology from Faculty of Physical Education & Sport Sciences ... Research Topic: ((Effect of Developing Strength Endurance on Some of Biochemical Variables and Performance of Attack Skill in Volleyball)).
- 3- BSC of Chronic Diseases Rehabilitation from Faculty of Physical Education & Sport Sciences ... Research Topic: (Evaluation of "field" tests in assessing exercise capacity in COPD and Heart Failure populations).
- 4- I have seventh published research of sport physiology and Chronic Diseases Rehabilitation.

Ammar H. H. & Mazin H. K. The Quantitative Impact of Students Using Computer Device in a Third Year Undergraduate Nursing College to Learning of the Diseases Rehabilitation, Journal of Advanced Social Research, 2014, 4(2). 235-242.

Ammar H. H., Mazin H. K. Assad H. The Impact of Rehabilitation Program on the Level of Force Expiratory Volume at the First Second and Shortness of Breath in Patients with Chronic Asthma, Journal of Advanced Social Research, 2013, 3(4). 980-991.

Ammar H. H., Mazin H. K., Ammar M. Relationship of Upper torso and Ribcage Muscle endurance to 6-min Walk Distance in Asthma Patients, Journal of Advanced Social Research, 2013, 3(4). 1003-1014.

Ammar H, Ahmad J, Rad A *et al.* Monitor Hospitalization Admission and Mortality for Patients With Chronic Obstructive Pulmonary Disease COPD, Baby Mid Jour, 2012; 5(3): 215-227.

Ammar H. H. Effect of Programming Sport exercises & Food on some of Physiological Variables for Diabetic Patients, *Physi Edu of Baby Jour*, 2009; 4(3): 1123-1135.

Ammar H, Amged M, Wijdan A *et al.* Effect of antioxidants on blood pressure and free radicals of the football players. *Physi Edu of Baby Jour*, 2011; 2(3): 991-1005.

Ammar H, Sallam A, Haider M, *et al.* The Impact of Physical Effort on Some Blood Components and the Level of Dyspnea in Patients with Chest Wall Disease for Smokers and Non-Smokers, *Baby Scie Jour*, 2010; 8(2): 520-535.

5- I have three accepted researches to publish in the future.

Hassan A. K. Walla F. I. and Ammar H. H. Effect of continuous monitoring for rehabilitation by using low intensity interval training style on control of rehabilitation adherence, functional and physical capacities, and quality of life for stable heart failure patients, *Phy Edu of Karb Jour*, 2015, 3(2).

Nadia Sh. J. Walla F. I. and Ammar H. H. Effect of training program on improving of upper torso muscle strength level and relationship of its to physical ability for Asthma patients, *Jour of Advan Soci Res*, 2016,.3(1).

Hassan A. K. Walla F. I. and Ammar H. H. Effect of rehabilitation techniques by using foot reflexology on some of physiological variables for older people, 2016,.3(2).

6- Conferences:

I have participated in eight conferences in and out of Iraq. Five conferences inside of Iraq and three out of Iraq one of them was held in Holland and other two were held in Malaysia.

7- Experiences:

1. I'm a professional of respiratory system rehabilitation.
2. I'm a professional of chronic diseases rehabilitation.
3. I'm a professional of histopathological technician.
4. I'm very good in using computer programs.
5. I have an experience in doing a body massage for chronic diseases patients.

8- Certificates:

1. Efficiency certificate in computer from computer center of Babylon University on 30th September 1999.
2. Efficiency certificate in English Language from Babylon University\ English Language Center on 20th February 2000.
3. Efficiency certificate in English Language from New England University\ English Language Institute on 6th December 2009.
4. I had past TEOFL exam on Sat Mar 2012:08:55 EDT 2010.
5. Efficiency certificate in physiotherapy and rehabilitation from the Iraqi union of Athletic Medicine\ Babylon Branch on 13th February 2004.
6. Efficiency certificate in rehabilitation from department of training and development at Babylon University on 13th September 2005.
7. Efficiency certificate in histopathological technician from Dr. Ali Mohsen laboratory for histopathology and pathology on 12th August 2015.

8. Efficiency certificate in physiotherapy and rehabilitation from academy of scientific and training London on 21st September 2015.
- 9- Participations:
 1. I have participated in the course which held in the physiotherapy department of Morjan hospital on 2004.
 2. I have participated in the course of general health which held in higher education training center\ Babylon University on 3 May 2005.
 3. I have participated in the course of physiotherapy and rehabilitation learning which held in the medical faculty\ Kofa University on 2014.
 4. I have participated in the course of physiotherapy and rehabilitation learning which held in the academy of scientific and training London on 2015.
- 10- I'm associate professor at Babylon University\ physical education & sport sciences faculty.
- 11- I teach a human physiology in Nursing Faculty.
- 12- I teach a chronic diseases rehabilitation in physical education & sport sciences Faculty
- 13- I'm a member of the Iraqi union of sport medicine.
- 14- I took part in publishing a magazine called "Health and Sports Activities".
- 15- I'm managing editor in International Journal of Advanced Sport Sciences Research – ASSR and ASER.
- 16- I'm a manager of physical fitness & physiotherapy department in Babylon University.



Ammar Hamza Hadi
30 August 2018