

Curriculum Vitae



PERSONAL PROFILE:

Given Name : Hawder Dîshad Abdulqader
Surname : Khoshnaw
Date and place of birth : 18-9-1978 Erbil – Kurdistan Region / Iraq
Nationality : Iraqi
Marital status : Single
Home Address : Erbil / Ronaki
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About me :

I am a hard working, honest, organized and able to work on my own initiative or as part of a team. I am a self-motivated, enthusiastic and hard working individual with knowledge and experience in sports like Physical Fitness, Gymnastics, Kick Boxing and Weight Lifting. Also I have skill to using computer's programs. I exciting on meeting new challenges. I wish to practice my skills in teaching, coaching, conducting research. I look forward to exploring the new ideas that helping to arise the sports in my country.

LANGUAGES

Kurdish
Arabic
English
Turkish

Mother language
Fluent command spoken & written
Advanced knowledge
Basic knowledge

EDUCATION AND QUALIFICATIONS

Bachelor of Science in Physical Education:

Salahaddin University: 1996 - 2001/ Erbil-Iraq

Modules included: Anatomy, Sport Philosophy, Test and Statistics, Biomechanics, Methods of Teaching, Motor Learning, Physiology and Sport Medicine, Scientific Research, Sport Psychology, Physical Education Training, Basket ball, Volley ball, Hand ball, Soccer, Gymnastic, Swimming, Fencing, Racket Games, Boxing.

Final Year Project: A Comparison Study of Self Vision for Some Team Games in Kurdistan Region (A descriptive study on some team games(football, basketball, volleyball)

Master of Science in Physical Education.

Koya University: 2004 - 2006/ Koya-Iraq

Modules included: Sport Physiology, Teaching Methods, Motor Learning, Sport Psychology, Bio Mechanic, Scientific Research, Tests & Measurement, Sport Statistics, Sport Training, and Sport Administration.

MSc Dissertation: The Effect Learning Cycle on Learning and Retention Some of Floor Exercise Skills in Gymnastic.

WORK EXPERIENCE:

Secondary School Teacher

Mar.2003 To Jul.2005

I started my Teaching Experience as school teacher in secondary school in Erbil / Kurdistan Region - Iraq

Games Trainer

Aug.2005/July.2006

While studying my MSc, I worked as game trainers in Koya University to teaching gymnastic class also worked on computer in the office of Physical Education Department.

Associate Lecturer & Lecturer

Aug.2006/ Present

After when I finished my MSc I continued teaching gymnastic class at school of Physical Education in Koya university as Associate Lecturer. And from 2010 I started teaching as Lecturer. Then I did teach gymnastic class and Physical Fitness class in Koya University, I have been doing

RESEARCHES PUBLICATIONS

this job to date.

Hawder Dlashad Abdulqader (2009) “The effect of using the circular mini-trampoline to learning skills of the round off and handspring on floor exercise in gymnastic lesson” Journal of Koya University, No.12, P431.

Hawder Dlashad Abdulqader & Jameel Qasem Albdry (2009) “A Comparison Study of Some defense skills in handball between students of fourth stage in Koya and Salahaddin University” Journal of Baghdad University, No.34, P253.

Hawder Dlashad Abdulqader & others (2014) “Endurance of strength as speedily test placement of Lower parties to the volleyball players in the Kurdistan Region Iraq” Journal- Wasit University No.24

Hawder Dlashad Abdulqader & others (2014) “Effect of the six thinking hats exercises on situational embarrassment and performing some skills of vault in Gymnastics” conference-malaysia.

Hawder Dlashad Abdulqader (2014) “The Effect of Using Hurdle Gymnastic on Motor Satisfaction, Motor Abilities and Chain of Floor Exercises in Gymnastics” conference-Tunisia.

Hawder Dlashad Abdulqader & Jameel Mohamad Qaseem (2014) “Students Trends In School Of Physical Education Towards Learning Computer By Variables Grade And Gender At The University Of Koya” journal Babylon University.

Hawder Dlashad Abdulqader (2015) “The effect of using the tablet computer as final feedback to learning a skill on floor exercise and parallel bars and vault in gymnastic.” Journal Assr- Malaysia, volume 2

TECHNICAL SKILLS

-Good Windows and MS-Office based skills (Word, Excel, and PowerPoint).

-Familiar with Programs (Photoshop, Poser and Spss).