

السيرة الذاتية (C.V)

المعلومات الشخصية:



اسم	محمد جاسم اسماعيل جمعه الشمري
الجنسية	عراقية
محل وتاريخ الميلاد	خانقين / 16 - 01 - 1988 م
الحالة الاجتماعية	اعزب
الجنس	ذكر
العنوان	ديالى – خانقين
رقم الهاتف	07709335218
البريد الالكتروني	mhammd1611988@gmail.com

المؤهلات العلمية:

سنة الحصول عليها	مكان صدورها	المعدل/التقدير	التخصص	المؤهل
2014	جامعة بيلغورود الحكومية للبحوث الوطنية – روسيا الاتحادية	امتياز	علوم الحياة	ماجستير
2020	جامعة بيلغورود الحكومية للبحوث الوطنية – روسيا الاتحادية	امتياز	علوم الحياة	دكتوراه

البحوث العلمية المنشورة:

العنوان	العدد
<i>Pogrebnyak, T.A. Adaptation of is and 4th year female student to mental load based on pulsometry data and heart rhythm variability / T.A.Pogrebnyak, E.N.Khorolskaya, O.V.Vorob'eva, M.J.I. Al-Shammari at. al. // IAJPS. – 2018. – № 05 (07). – P. 6788–6796. – Режим доступа: http://doi.org/10.5281/zenodo.1323140.</i>	1
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<i>Al-Shammari, M.J.I. Features of the functional status of first-year students with different types of autonomic regulation of the heart rate / M.J.I. Al-Shammari, T.A. Pogrebnyak., S.D. Chernyavskikh // Scientific Notes of the Kazan State Academy of Veterinary Medicine. N.E. Bauman. -</i>	3

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<p>Al-Shammari, M. J.I. Features of the regulation of the heart rate in freshmen of different ethnic groups taking into account the structure of the power of the total spectrum / M.J.I. Al-Shammari // Ulyanovsk medical .and biological journal. - 2019. - No. 3. - S. 114-125</p>	6
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<p>Al-Shammari, M. J.I. Features of the functional state of foreign students by systemic indicators of hemodynamics / M.J.I. Al-Shammari, T.A. Pogrebnyak // Monthly scientific journal "Eurasian Union of Scientists". Conference "Modern concepts of scientific research" (Russia, Moscow, .November 28-29, 2014) - 2014. - No. 8. - P. 143-146</p>	9
<p>Al-Shammari, M. J.I. Comparative analysis of adaptation of the circulatory system in foreign students in physiological conditions / M.J.I. Al-Shammari, T.A. Pogrebnyak // Scientific Result. Series "Physiology". -</p>	10

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<i>Al-Shammari, M.J.I. Features of the manifestation of heart rate variability in foreign students / M.Ya.I. Al-Shammari, T.A. Pogrebnyak // Scientific edition. Physiology of blood circulation: VI All-Russian school-conference with international participation. Moscow, February 2-5, 2016: Abstracts. - M.: MAX Press. - 2016. -- S. 15-16</i>	11
<i>Al-Shammari, M. J.I. Spectral analysis of heart rate variability in foreign students / M.J.I. Al-Shammari // Scientific result. Series "Physiology", .2016. - T. 2. - No. 1. - S. 26-33</i>	12
<i>Al-Shammari, M. J.I. On the issue of adaptation of foreign students to study at the university / M.J.I. Al-Shammari // Actual problems of the development of science and modern education: collection of materials of the International scientific and practical conference. April 10, 2017 / otv. ed. L. V. Krasovskaya, I.B. Kostin. - Belgorod: Publishing House "Belgorod" NRU "BelGU". - 2017. -- S. 130-132</i>	13
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<i>Pogrebnyak Tatyana Alekseyevna*, I. I. Doludenko, E. N. Khorolskaya, I. V. Sagalaeva, M. N. Komarova, N. S. Goncharova, N. A. Sopina, Al-Shammari M. J. I. The system dynamics of white and red blood in children, living in areas with high anthropogenic load//Drug Invention Today Vol 12 • Issue 10 • 2019- S. 2244-2249</i>	15
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<i>Tatyana A.pogrebnyak,Elena N.Khorolskaya Ekaterina,V.Zubareva,Xana V.Vorobyova, Irina V.sagaleva,Mohammed J.I. Al-Shammari . Quantitative and Qualitative Electrophysiological Characteristics Of Myocardial Activity In Ethnic Groups Of Foreign Students// International Journal Of Pharmaceutical Research Volume 13,Issue 1,Jan-Mar, 2020</i>	17

اللغات:

اللغة	المستوى
العربية	اللغة الام
الانكليزية	جيد جدا
الروسية	ممتاز

المهارات الشخصية :

- 1/ اجاده استخدام الحاسوب
- 2/ التعامل مع البرامج المكتبية
- 3/ العمل كمترجم للغة الروسية والانكليزية
- 4/ حاصل على الحزام الاسود في الفنون القتالية (الايكيدو) ومدرب دولي .

الخبرات العلمية:

مكان العمل	مهام
محاضر	تقديم دروس في المواد : (فسلجه عامة ،انسجة، فيروسات ،تشریح،مناعة)
جامعة بيلغورود الحكومية للبحوث الوطنية –روسيا الاتحادية	