c.v



- Name: Hikmat Adil Aziz Al-Lami.

- Lecturer at the Dept. of Medical physiology College of Medicine, University of Al-Qadisiyah , and a lecturer in (College of Physical Education and Sports Science - College of Education for Girls).

Breeding: Iraq. Al-Qadisiyah Governorate. 8/23/1977.

Graduated from the College of Physical Education and Sports Science - University of Qadisiyah for the year (2001-2002), sequence 11.

- Appointment at the University of Qadisiyah / Directorate of Physical Education 1/10/2003.

- I was admitted to the Master's degree October 30, 2005, University of Qadisiyah / College of Physical Education and Sports Science.

- She obtained a master’s degree, 22/1/2008, University of Qadisiyah / College of Physical Education and Sports Science.

- Obtaining a scientific title (assistant teacher) 12/2/2008.

- My acceptance to PhD 10/27/2009, University of Qadisiyah / College of Physical Education and Sports Science.

- She obtained a Ph.D. 8/8/2012 University of Qadisiyah / College of Physical Education and Sports Science.

- Obtaining a scientific title (Teacher Doctor) 26/8/2012 Specialization in Physiology of Training, Athlete / Handball.

- I got a scientific title (Assistant Professor Doctor) 8/8/2015 (Physiology of Athletic Training / Handball).

The first distinguished student at the university as an official in the Physical Education Unit in 2011.

- Rapporteur of Medical physiology College of Medicine. Officer of the Division of Student Activities in the Faculties of (Administration and Economy - Education for Girls - Medicine) at Al-Qadisiyah University.

I have 7 papers published in scientific journals.

I have a book published (Handball between Dietary Supplement and Athletic Training).

- I participated in more than 18 international and foreign conferences as a researcher, participant and member.

- He holds an English language proficiency certificate from Al-Mustansiriya University, Al-Qadisiyah University and the British Cambridge Institute.

- She represented the Qadisiyah Governorate Education Team for handball as a player for the years (1993 - 1994 - 1995 - 1996 - 1997) and got advanced positions.

I got first place in the Iraq Handball Cubs Championship in (1992) as a player.

- I won first place in the Iraq handball championship for the first class for Al-Najma Club for the year (2005-2006) as a player.

- I represented many clubs with handball, including (Salah Al-Din - Najaf - Kufa - Al-Diwaniyah - Al-Daghara - Al-Ahly - Al-Shamiya - Al-Sunni) as a player.

She represented the Qadisiyah University handball team for several years.

- The clubs that supervised its training (Al-Diwaniya, Al-Ahly, Al-Shamiya, and Al-Sunni).

Currently a coach at the Daghara Club and the Handball Association, Diwaniya branch, for different age groups.

- Coach of Al-Qadisiyah University team, by hand, currently won first place in (2010) and second place in (2012).

- training courses :

1- A training course from the International Handball Federation, rating [D].

2- A training course from the European Handball Federation.

3- A training course from the Asian Handball Federation.

4- A training course from the Arab Handball Federation.

5- A training course from the Slovenian Handball Federation (2).

6- A training course from the Iraqi Handball Federation.

7- AFC Training Course [C].

- A second-degree handball arbitration certificate.

- Field visits to trainers in Al-Diwaniyah governorate for the categories (youth, juniors, youth).

- Training advice for trainers in Al-Diwaniyah governorate for the categories (Cubs - Juniors - Youth).

The subjects I studied are (handball - physiology - athletic training - school health - physical education).

- Lecturer in many courses in the specialty (sports training planning - fitness - sports medicine - physiology of sports training).

Assist. Prof. Dr. Hikmat Adil Aziz Al-Lami

Dept. of Medical physiology College of Medicine, University of Al-Qadisiyah, Iraq