

# Olive Waste Valorization for Food Biotechnological Applications (Mini-Review)

Ben amar Cheba \*1, 2

## Keywords

*Olive Wastes, Types, Bioactive Ingredients, Application, Food Biotechnology .*

## ABSTRACT

Due to its richness in nutrients, added-value ingredients and bioactive compounds, olive agro-wastes they should not be considered as “wastes”, but “raw material” pave the way for food, cosmetic, and pharmaceutical industries. In the food sector, these biowastes offer best suited ingredients for manufacturing valuable compounds such as biosurfactants, mushroom, enzymes, olive leaf tea, vinegar, polysaccharides, vitamins, antioxidants, flavor compounds, and other unique functional properties. Furthermore, olive wastes find some distinctive applications including water purification, nutritional functionality enhancement, sensory quality improvement, food additive, food shelf-life extension, active packaging and food preservation. This review summarizes all bioactive ingredients, compounds and products issued from olive wastes and discusses their valorization for food biotechnological applications.

## I. INTRODUCTION

*Olea europaea* L. is an evergreen tree that has been cultivated for more than 7000 years. It is found throughout the world, particularly in the Mediterranean countries [1]. With currently more than ten million hectares, olive tree cultivation has spread worldwide, and large amount of biomass is generated annually from its cultivation, these pruning biowastes include leaves, thin and thick branches or wood, furthermore table olive and olive oil industries, create in a short time a high amount of biowastes include olive stones, pomace, extracted olive pomace, and olive mill waste water. All this biowastes must be adequately handled and disposed, because its accumulation can lead to harmful environmental effects due to its high organic content and phytotoxicity [2]

Conventional disposal methods include direct burning or spreading in fields, but this has economical costs and

environmental concerns, as well as wasting a source of energy and chemicals. Up to now the emphasis has been focused on detoxifying these wastes prior to disposal, feeding, fertilization/composting, because they are not easy degradable by natural processes, or even used in combustion as fuel [3]. Multiple strategies for olive waste practical valorization such as combustion, secondary oil extraction and fermentation. However, the ideal aim was encouraging table olive and olive oil manufacturers to follow an eco-friendly and sustainable production chain obtaining marketable products from the generated wastes.

This review reports olive wastes sources and types, as well as summarizes all bioactive ingredients; compounds and products issued from olive wastes and discusses their valorization for food biotechnological applications.

## II. OLIVE WASTE SOURCES AND TYPES

Large amount of biomass and a variety of wastes and by-products are produced annually from olive tree cultivation, table olive and olive oil production processes. These biowastes issued from pruning, leaves, olive stones and pomace, extracted olive pomace, and olive waste water (Table 1)

- 1 Associate Professor, Department of Biology, College of Science, Jouf University, Kingdom of Saudi Arabia (KSA)
- 2 Associate Professor, Department of Biotechnology, Faculty of Nature and Life Sciences, University of Sciences and Technology of Oran -Mohamed Boudiaf (USTOMB), BP 1505 Al Mnaouar, Oran 31000, Algeria., E-mail: [omacheb@gmail.com](mailto:omacheb@gmail.com)

Table 1: olive waste sources and types

Olive Waste Sources	Type	Details	Chemical Composition
Olive Orchards	Olive Tree Pruning (OTP)	-thin branches (approximately %50 by weight) - thick branches or wood (approximately 25% by weight)	Cellulose, hemicellulose, lignin
	Olive Leaves (OL)	-leaves (approximately 25% by weight)	51% moisture, 26.9% carbohydrates, 3.2% oil, 7.2% crude protein, 6.9% crude fiber, 2.5% total polyphenols, and 2.4% as well as cellulose, hemicelluloses and lignin
Table Olive Industry	Olive Leaves	-	-
	Whole Olive Stones (WOS)	-	Cellulose (28.1–40.4%), hemicelluloses (18.5–32.2%) and lignin (25.3–27.2%) [4]
	Olive Waste Water	olive fruits washing, cleaning and processing waters	NA
Olive Oil Industry	Olive Leaves	-	-
	Crushed Olive Stones (COS)	-	-

Olive Pomace (OP)	Solids (Djefet)	water, carbohydrates, lipids, polyphenols, and a number of metals and salts with a 4.8–5.2 pH
Extracted or Exhausted Olive Pomace (EOP)	-	NA
Olive Mill Wastewater (OMWW)	Waste water (Zibar)	0.5 % Oil 93 % Water 6.5 % Solids
Olive Oil Washing Wastewater (OOWWW)	-	NA

### III. OLIVE WASTE FOOD BIOTECHNOLOGICAL APPLICATIONS

summarized in ( Table 2)

Table 2: Olive Wastes Food Biotechnological Applications

Product/service	Product Type/Microorganism or Treatment	Olive Waste Type	Ref.
Water Purification	High-surface area active carbon (AC). was employed to reversibly adsorb chromate ions from water.	Solid Olive Waste	[5]
	Activated carbon from olive stones treated with H <sub>2</sub> O <sub>2</sub> facilitated the adsorption of metal ions.	Olive Stones	[6]
Functional Beverages	Bioactive phenolic extract in beverage	OMW	[7]
Tea	Olive tree leaf Tea	Olive Tree Leaf	[8]
Vinegar	Saccharomyces cerevisiae	Olive Oil Mill Wastewaters	[9]
Antioxydants	Hydroxytyrosol, oleuropein, syringaldehyde and tyrosol	Olive Tree Pruning.	[10]
	Hydroxytyrosol, Caffeic acid, Oleuropein, Verbascoside, Luteolin-7-O-glucoside	Olive Leaves	[11-12]
	Tyrosol, Apigenin, Oleuropein, Squalene	Olive Pomace	[13-14]
Mushrooms	<i>Pleurotus eryngii</i>	Olive Mill Solid Waste (OMSW)	[15]
	<i>Pleurotus ostreatus</i>	Solid Olive Mill Wastes (SOMW)	[16]
	<i>Hericium americanum</i>	Olive Press Cake (OPC)	[17]
	<i>Hericium erinaceus</i>	Olive Mill Wastewater + Olive Crop Residues	[18]
	<i>Agrocybe cylindracea, Inonotus andersonii, Pleurotus ostreatus and Trametes versicolor</i>	(OMWW)	[19]
Polysaccharides	fungal glucans/ Selected Basidiomycetes	Olive Mill Waste Water (OMWW)	[20]
	$\beta$ -glucan $\beta$ (1 $\rightarrow$ 3), $\beta$ (1 $\rightarrow$ 6) / <i>Botryosphaeria rhodina</i> mycelium growth	(Undiluted OMWW)	[21]
	Pectins	Olive Pomace (Alperujo)	[22]
	Pullulan / <i>Aureobasidium pullulans</i>	OMW	[23]
	Xanthan / <i>Xanthomonas campestris</i>	Olive Mill Waste Water (OMWW)	[24]
	Xylan and $\beta$ -glucan (lentinan) / <i>Lentinula edodes</i> mycelium growth	OMWW	[25]
Monosaccharides	glucose, galactose, arabinose, rhamnose, and galacturonic acid		[26]
	Gluco- and xylooligosaccharides / autohydrolysis	Olive Tree Pruning	[27]
Sugar Alcohol or Polyol	Mannitol	Alpechin, Olive Twig, Leaves or Alperujo.	[28]
	Xylitol / <i>Candida tropicalis</i>	Olive-Pruning Debris	[29]
	Arabitol		
Bioplastic: Poly-3-(Hydroxybutyrate-Co-Hydroxyvalerate) (PHBV)	<i>Haloferax mediterranei</i>	(OMWW)	[30]
	<i>Azotobacter chroococcum</i>		[31]
Enzymes	$\alpha$ -amylase / SSF: <i>Aspergillus oryzae</i>	OOC	[32]
	Lipase and protease / <i>Candida utilis</i>	Olive Cake	[33]
Soluble Fiber and Protein	Alcalase <sup>TM</sup> protein extraction	Olive Pomace	[34]
Flavor Compounds	D-limonene / <i>Rhizopus oryzae</i> and <i>Candida tropicalis</i>	Olive Mill Waste (OMW)	[35]
Organic Acids	Citric acid / <i>Yarrowia lipolytica</i>	(OMWW)	[36]
	Acetic acid		
Vitamins	vitamin E	Alperujo Extract	[37]
	Vitamins A and K, carotenoids	Olive Mill Wastewater	[38]
	Vitamin B12 / <i>Propionibacterium shermanii</i> , on predigested OMWW with <i>Aspergillus niger</i>	OMWW (Alpechin)	[39]

## II. CONCLUSION

Both olive trees cultivation and olive oil and table olive production generate enormous quantities of very rich solid, liquid wastes need more and more exploitation and valorization to marketable by-product with health promoting properties is a promising field in olive oil and food biotechnology sectors.

### References

[1] - Cavalheiro, C. V., Picoloto, R. S., Cichoski, A. J., Wagner, R., deMenezes, C. R., Zepka, L. Q., Barin, J. S. (2015). Olive leaves offer more than phenolic compounds—Fatty acids and mineral composition of varieties from Southern Brazil. *Industrial Crops and Products*, 71, 122–127.

[2] -Bhatnagar, A., Kaczala, F., Hogland, W., Marques, M., Paraskeva, C., Papadakis, V., & Sillanpää, M. (2014). Valorization of solid waste products from olive oil industry as potential adsorbents for water pollution control—A review. *Environmental Science and Pollution Research*, 21(1), 268–298.

[3] - Vlyssides AG, Loizides M, Karlis PK. 2004. Integrated strategic approach for reusing olive oil extraction. *Journal of Cleaner Production*. 12, 603-611.

[4] - Aydinoglu, T., Sargin, S., 2013. Production of laccase from *Trametes versicolor* by solid-state fermentation using olive leaves as a phenolic substrate. *Bioprocess Biosyst. Eng.* 36, 215–222

[5] El-Hamouz, A. Hilal, Hikmat, Nassar, Nashaat, Mardawi, Zahi. 2007. Solid olive waste in environmental cleanup: Oil recovery and carbon production for water purification. *Journal of environmental management*. 4: 83- 92 DO - 10.1016/j.jenvman.2006.05.003 -

[6] - N. Spahis, A. Addoun, H. Mahmoudi, N. Ghaffour , Purification of water by activated carbon prepared from olive stones, *Desalination*, Volume 222, Issues 1–3, 1 March 2008, Pages 519-527

[7] - Hanaa Zbakha, Abdelilah El Abbassib. (2012) Potential use of olive mill wastewater in the preparation of functional beverages: A review. *Journal of functional foods* s 4: 53 –65

[8] - A. N. Sudjana, C. D'Orazio, V. Ryan et al., "Antimicrobial activity of commercial *Olea europaea* (olive) leaf extract," *International Journal of Antimicrobial Agents*, vol. 33, no. 5, pp. 461–463, 2009

[9] - Antonella De Leonardis, Vincenzo Macchiola, Massimo Iorizzo, Silvia Jane Lombardi, Emanuele Marconi. Effective assay for olive vinegar production from olive oil mill wastewaters, *Food Chemistry*, Volume 240, 1 February 2018, Pages 437-440

[10] - Conde E, Cara C, Moure A, Ruiz E, Castro E, Domínguez H, 2009. Antioxidant activity of the phenolic compounds released by hydrothermal treatments of olive tree pruning. *Food Chem* 114: 806-812

[11]- Difonzo, G., Pasqualone, A., Silletti, R., (...), Paradiso, V.M., Caponio, F. 2018. Use of olive leaf extract to reduce lipid oxidation of baked snacks. *Food Research International* .108, pp. 48-56.

[12]- Guinda A, Castellano JM, Santos-Lozano JM, Delgado-Hervás T, Gutiérrez-Adán P and Rada M, Determination of major bioactive compound from olive leaf. *LWT - Food Sci Technol* 64:431–438 (2015).

[13]- Vergani L, Vecchione G, Baldini F, Voci A, Ferrari PF, Aliakbarian B et al., Antioxidant and hepatoprotective potentials of phenolic compounds from olive pomace. *Chem Eng Trans* 49:475–480 (2016).

[14]- Stavroulias S and Panayiotou C, (2005). Determination of optimum conditions for the extraction of squalene from olive pomace with supercritical CO<sub>2</sub>. *Chem Biochem Eng Q* 19:373–381

[15]- Avni, S., Ezove, N., Hanani, H., (...), Schwartz, B., Danay, O. 2017. Olive mill waste enhances  $\alpha$ -glucan content in the edible mushroom *Pleurotus eryngii*. *International Journal of Molecular Sciences*, 18(7), 1564

[16] - Mansour-Benamar, M., Savoie, J.-M., Chavant, L. 2013. Valorization of solid olive mill wastes by cultivation of a local strain of edible mushrooms. *Comptes Rendus – Biologies*, 336(8), pp. 407-415

[17] - Atila, F., Tüzel, Y., Faz Cano, A., Fernandez, J.A. 2017. Effect of different lignocellulosic wastes on *Herichium americanum* yield and nutritional characteristics. *Journal of the Science of Food and Agriculture*. 97 (2), pp. 606-612

[18]- Koutrotsios, G., Larou, E., Mountzouris, K.C., Zervakis, G.I. 2016. Detoxification of Olive Mill Wastewater and Bioconversion of Olive Crop Residues into High-Value-Added Biomass by the Choice Edible Mushroom *Herichium erinaceus*. *Applied Biochemistry and Biotechnology*, 180(2), pp. 195-209

[19]- Ntougias, S., Baldrian, P., Ehaliotis, C., (...), Merhautová, V., Zervakis, G.I. 2015. Olive mill wastewater biodegradation potential of white-rot fungi - Mode of action of fungal culture extracts and effects of ligninolytic enzymes. *Bioresource Technology*, 189, pp. 121-130

[20]- Zerva, A., Papaspyridi, L.-M., Christakopoulos, P., Topakas, E. 2017 Valorization of Olive Mill Wastewater for the Production of  $\beta$ -glucans from Selected Basidiomycetes, *Waste and Biomass Valorization* ,8(5), pp. 1721-1731

[21]- Crognale S, Federici F, Petruccioli M. 2003. Beta-Glucan production by *Botryosphaeria rhodina* on undiluted olive-mill wastewaters. *Biotechnology Letters* 25, 2013-2015

- [22]- Cardoso SM, Coimbra MA, da Silva JAL. 2003. Calcium mediated gelation of an olive pomace pectic extract. *Carbohydrate Polymers* 52, 125-133
- [23] - Ramos-Cormenzana, A., Monteoli-Vasanchez, A., & Lopez, M. J. (1995). Bioremediation of alpechin. *Intl Biodet Biodeg*, 35, 249–268.
- [24]- M.J. López, A. Ramos-Cormenzana, Xanthan production from olive-mill wastewaters, *International Biodeterioration and Biodegradation*, 38 (3/4) (1996), pp. 263-270.
- [25]- Tomati U, Belardinelli M, Galli E, Iori V, Capitani D, Mannina L, Viel S, Segre A. 2004. NMR characterization of the polysaccharidic fraction from *Lentinula edodes* grown on olive mill wastewaters. *Carbohydrate Research* 339, 1129-1134.
- [26] - Nadour, M., Laroche, C., Pierre, G., (...), Moulti-Mati, F., Michaud, P. 2015. Structural Characterization and Biological Activities of Polysaccharides from Olive Mill Wastewater. *Applied Biochemistry and Biotechnology*, 177(2), pp. 431-445
- [27]- Cara C, Ruiz E, Carvalherio F, Moura P, Ballesteros I, Castro E, Girio F, 2012. Production, purification and characterization of oligosaccharides from olive tree pruning autohydrolysis. *Ind Crops Prod* 40: 225-231.
- [28]- Garcia-Granados A, Martinez L. Procedimiento para obtener manitol y productos derivados a partir de alpeorujo procedente del procesado de las aceitunas segun el procedimiento de dos fases. Patent N° ES2060549 (16.11.1994).
- [29] - García, J.F., Sánchez, S., Bravo, V., Cuevas, M., Rigal, L., Gaset, A., 2011. Xylitol production from olive-pruning debris by sulphuric acid hydrolysis and fermentation with *Candida tropicalis*. *olzforschung* 65, 59–65.
- [30]- Alsafadi, D., Al-Mashaqbeh, O. 2017. A one-stage cultivation process for the production of poly-3-(hydroxybutyrate-co-hydroxy valerate) from olive mill wastewater by *Haloferax mediterranei*. *New Biotechnology* .34, pp. 47-53
- [31]- Pozo C, Martinez-Toledo MV, Rodelas B, Gonzalez-Lopez J. 2002. Effects of culture conditions on the production of polyhydroxyalkanoates by *Azotobacter chroococcum* H23 in media containing a high concentration of alpechin (wastewater from olive oil mills) as primary carbon source. *J. Biotechnol.* 97,125-131.
- [32]- Ramachandran S, Patel AK, Nampoothiri KM, Chandran S, Szakacs G, Soccol CR, Pandey A. 2004. Alpha amylase from a fungal culture grown on oil cakes and its properties. *Brazilian Arch. Biol. Technol.* 47, 309-317.
- [33]- Moflah, O.A.S., Grbavčić, S., Žuža, M., (...), Bezbradica, D., Knezevic-Jugovic, Z. 2012. Adding value to the oil cake as a waste from oil processing industry: Production of lipase and protease by *Candida utilis* in solid-state fermentation. *Applied Biochemistry and Biotechnology*, 166(2), pp. 348-364
- [34] - Vioque, J., Clemente, A., Sáchez-Vioque, R., Pedroche, J., Millán, F. 2000. Effect of Alcalase TM on olive pomace protein extraction. *JAOCS, Journal of the American Oil Chemists' Society*. 77 (2), pp. 181-185
- [35]- Guner, O., Demirkol, A., Yuceer, Y.K., (...), Hosoglu, M.I., Elibol, M. 2017. Production of flavor compounds from olive mill waste by *Rhizopus oryzae* and *Candida tropicalis*. *Brazilian Journal of Microbiology*. 48 (2), pp. 275-285
- [36]- Sarris, D., Stoforos, N.G., Mallouchos, A., (...), Aggelis, G., Papanikolaou, S. 2017. Production of added-value metabolites by *Yarrowia lipolytica* growing in olive mill wastewater-based media under aseptic and non-aseptic conditions. *Engineering in Life Sciences* .17(6), pp. 695-709.
- [37]- Rodríguez-Gutiérrez, G., Duthie, G.G., Wood, S., (...), Fernández-Bolaños Guzmán, J., de Roos, B. 2012. Alperujo extract, hydroxytyrosol, and 3,4-dihydroxyphenylglycol are bioavailable and have antioxidant properties in vitamin E-deficient rats—a proteomics and network analysis approach. *Molecular Nutrition and Food Research* ,56(7), pp. 1137-1147
- [38]- Eroglu, E. 2010. Natural antioxidants of olive oil and their recovery from olive mill wastewaters (Book Chapter) *Olive Oil and Health* pp. 443-458.
- [39] - Munoz S. Procedimiento para la production de vitamina B12 a partir de residuos contaminantes de la industria de la aceituna. Patent N° ES2122927 (16.12.1998).
- [40] - Fernandes, L.R., Gomes, A.C., Lopes, A., Albuquerque, A., Simões, R.M. 2016. Sugar and volatile fatty acids dynamic during anaerobic treatment of olive mill wastewater. *Environmental Technology (United Kingdom)* 37(8), pp. 997-1007
- [41]- Martin M, Ferrer E, Sanz J, Gibello A. Process for the biodegradation of aromatic compounds and synthesis of pigments and colorants, alkaloids and polymers, with the use of the recombinant strain *Escherichia coli* P260. Patent N° WO98/04679 (5.02.1998).
- [42]- Rossana, Roila., Andrea, Valiani, David, Ranucci., Roberta., Ortenzi, Murizio, Servili, Gianluca, Veneziani, Raffaella, Branciar. i Antimicrobial efficacy of a polyphenolic extract from olive oil by-product against “Fior di latte” cheese spoilage bacteria. *International Journal of Food Microbiology*. Volume 295, 16 April 2019, Pages 49-53
- [43]- Marta Navarro, Francisco J. Morales, Effect of hydroxytyrosol and olive leaf extract on 1,2-dicarbonyl compounds, hydroxymethylfurfural and advanced glycation endproducts in a biscuit model, *Food Chemistry*, Volume 217, 15 February 2017, Pages 602-609.
- [44]- Adeleh Mohammadi, Seid Mahdi Jafari, Afshin Faridi Esfanjani, Sahar Akhavan. Application of nano-encapsulated olive leaf extract in controlling the oxidative stability of

soybean oil. Food Chemistry, Volume 190, 1 January 2016, Pages 513-519.

[45]- Maria J. Ruiz-Moreno, Rafaela Raposo, Jose M. Moreno-Rojas, Pilar Zafrilla, Emma Cantos-Villar. Efficacy of olive oil mill extract in replacing sulfur dioxide in wine model, LWT - Food Science and Technology, Volume 61, Issue 1, April 2015, Pages 117-123,

[46]- Delgado-Adámez, J.; Bote, E.; Parra-Testal, V.; Martín, M. J.; Ramírez, R. Effect of the Olive Leaf Extracts In Vitro and in Active Packaging of Sliced Iberian Pork Loin. Packaging Technology & Science. Dec2016, Vol. 29 Issue 12, p649-660.

[47]- Tainara de Moraes Crizel, Alessandro de Oliveira Rios, Vítor D. Alves, Narcisa Bandarra, Simone Hickmann Flôres. Active food packaging prepared with chitosan and olive pomace. Food Hydrocolloids, Volume 74, January 2018, Pages 139-150.